



10506 Hanson Blvd. NW Coon Rapids MN 55433
(763) 755-6990 www.coonrapidsumc.org

July 2022

Join in Worship on Sundays: 9 AM Online; 10 AM in-person

youtube.com/c/coonrapidsumcminnesota facebook.com/coonrapidsumc CoonRapidsUMC.org

The NOMADS are Coming!



The NOMADS (Nomads **O**n a **M**ission **A**ctive in **D**ivine **S**ervice) are a United Methodist group that travels all over the country to help Christian organizations with their facilities and buildings. They offer their labor for free. Learn more about who they are here: <https://www.nomadsumc.org/>

With our repair needs and our desire to expand/remodel the nursery (to increase day care infant capacity,) we applied more than a year ago to be considered as a NOMAD project. Although the NOMADS normally work with Christian organizations that are doing work beyond the traditional church, because of Matthew 25 and our Day Care, we were accepted!

So, from August 1-19, 2022 we will have this group of dedicated, hard-workers in the building, coming specifically to support you in all that you do. This is a huge honor! We are grateful beyond words.



Matthew 25 Food Distribution

Friday, July 8th (packing)

Saturday, July 9th (packing)

Sunday, July 10th (give away!)

Sign up for this and all Matthew 25 events by using this link:

<https://www.signupgenius.com/go/70A0545AAA729AAFD0-matthew18>

If you need more information about Matthew 25 activities, please contact either Wendy Dorholt (wendydorholtm25@coonrapidsumc.org) or Sue Lehrer (suelehrerm25@coonrapidsumc.org).

Matthew 25 Pre-packing

Matthew 25 Pre-packing (previously called Bergin packing) is scheduled for Tuesday (noon-2:30 PM) and Wednesday (10 AM – 12:30 PM). Sign up using the Matthew 25 Sign-up Genius link:

<https://www.signupgenius.com/go/70A0545AAA729AAFD0-matthew18>

or call Tammy at 763-755-6990 and she can help you. If you have other questions about pre-packing, contact Roxie Ryberg. *After the July 10, 2022 food distribution pre-packing will be moving to Wednesdays and Thursdays from 10:00 AM to noon*

Bread & Bakery Give-away

We have more bread and bakery goods donated each month than we need for our Matthew 25 Food Distribution. We want to be good stewards of our resources and don't want anything to go to waste. Consequently, we are adding a Bakery & Bread Give-away in the Coon Rapids UMC lobby on Fridays from 4 to 6 PM, starting on July 15. Volunteers can sit or stand. There are opportunities for people of all ages and abilities to volunteer. Families welcome! Sign up using the following link:

<https://www.signupgenius.com/go/70A0545AAA729AAFD0-breadbakery>

Hand-made Matthew 25 Dishcloths



We'd like to include a dishcloth as a handmade gift in the ~400 Matthew 25 food bags in December 2022. Requirements: 100% cotton yarn, 7 1/2 to 9 inches square or diameter. Any colors, any pattern. Contact Jenny Stevenson to let her know if you are working on this project! Happy stitching!

Matthew 25 Community Garden

Volunteers needed!

Volunteers are needed to help monitor the garden areas that have been set aside for Matthew 25. The produce will be distributed once it is harvested. A garden team is available to answer questions and provide guidance! Hand tools, hoses, watering cans, rakes, shovels, and kneeling pads will be available.



If you can volunteer or for more information, please contact:

Evelyn Nelson at evelynnelsonm25@coonrapidsumc.org

Meals on Wheels

Thank you to those who deliver meals! This generous gift of time allows many elderly, disabled, and homebound people in Coon Rapids and Blaine to remain in their homes. We can always use more drivers. We pick meals up at the Mercy Healthcare Center at 11:00 AM. Delivering meals takes about 1 ½ hours. Drivers may bring their own bags or coolers to keep the food hot during delivery. This avoids the trip back to the Healthcare Center to return their bags. Our upcoming driving schedule is:



- July 4-8 (closed on July 4)
- September 5-9 (Closed on September 5)
- November 7-11
- January 9-13, 2023

Please consider participating in this important ministry.

Contact Myrna Kuehl

Do you like bicycles?

Are you mechanically inclined?

Want to help provide bikes to people in need?



The Robert and Wilma Burbach Bike Foundation (RWBBF, a non-profit 501c3 organization doing business as **Bikes4Kids**) collects and refurbishes used, serviceable bicycles to redistribute to kids and people in need. They are given away along with a helmet and lock, and safety instructions. They have been hugely successful giving away bikes, but now they need more help fixing bikes before they can distribute some more. If you would like to help fix bikes (training provided), contact Bikes4Kids directly at <https://bikes4kidsmn.org/>. If you would like to volunteer but are not mechanical, Bikes4Kids also needs help cleaning bikes, pumping up tires, setting up orders, moving bikes around, and organizing supplies.

Family Promise Move in Baskets:

We are providing move-in baskets of cleaning supplies to two formerly homeless families served by Family Promise. Please check the Sign-up Genius link to see what is needed:

<https://www.signupgenius.com/go/10C0D4DA4AD22A2FC1-family>

Sign up on-line and bring the item to the church by July 10th. Tammy is usually in the office from 9 AM to 12:30 PM, Monday through Thursday (but call ahead to be sure she is available to unlock the door) or you can drop the items off on Sunday.



Family Promise Mentors:

Opportunities to serve as a mentor to families experiencing housing insecurity are still available. Contact Tammy@CoonRapidsUMC.org

Matthew 25 Dignity Pantry

For CRHS Students Experiencing Homelessness

We are collecting supplies for the Dignity Pantry to be sent to Coon Rapids High School. This month we are focusing on hygiene products. These can include the following items as examples:

- Shampoo (full-size bottles, combined with conditioner)
- Body soap or wash (full-size bottles or bars)
- Deodorant (full-size, for men and women, but unscented is best)
- Toothpaste (full-size tubes)
- Socks (basic colors, for men and women)
- Underwear for women (bikini or brief only, XL- 2XL most needed)
- Boxer shorts for men (no briefs, XL- 2XL most needed)



Thanks again everyone for your continued support to the Dignity Pantry...the staff and students at Coon Rapids High School really appreciate it every much!!

Thank you for making a difference in our community by sharing God's generosity.

Adult Fellowship



All are welcome to join us for fellowship, laughter, and prayer on Fridays, July 1st and July 15th, at 10:00 AM. We will meet outside. Bring a chair and a beverage.

Contact Pam Klemz or Debbie Riddell for more information.

Coon Rapids UMC Reading Program

Sponsored by United Women in Faith, but everyone is welcome



United
Women
in Faith

Did you know that Coon Rapids United Women in Faith (formerly known as United Methodist Women) has a group that reads books from the reading program? The reading program encourages us to think critically about current issues, broadens our understanding of mission work and offers opportunities to deepen our spirituality. The reading program has five categories:

- Education for Mission
- Leadership Development
- Nurturing for Community
- Social Action
- Spiritual Growth

The National Women United in Faith publishes a list of books for each category. We choose one book from each category to read. Coon Rapids United Women in Faith Reading Group meets 5 times during the year to discuss the books. We read both fiction and non-fiction books. Currently, we meet on Zoom. Our next meeting is on Saturday, August 27 to discuss *The Time is Now* by Joan Chittister. On November 5 we will be discussing *Girls Gone Missing: A Cash Blackberry Mystery* by Marcie R. Rendon.

**Please contact Myrna Kuehl
if you are interested in joining our discussions.**

Coon Rapids UMC Choir: *All Adults are Welcome*

We're taking a break for the summer and will restart again in the fall.

Contact Jo Franta for more information.



Grief Support Group: *Walking Together Through Grief*



Next Meeting: Monday night, July 11th at 6:30 pm, then every Monday

Where: Coon Rapids UMC Chapel

Facilitators: Sue Thomas and Ron Sabacky

Contact Sue for more information.

We do not have professional counselors in our group, but we provide good listening, thoughtful sharing, helpful support, and encouragement.

Our Guidelines:

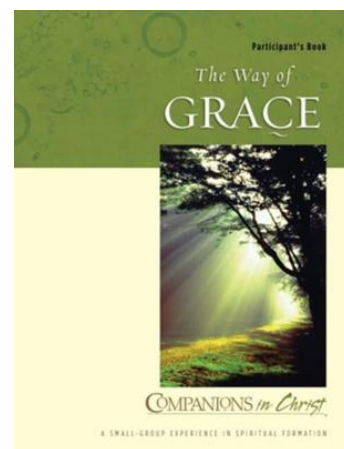
- We will listen and speak freely and respectfully, without need to advise or agree with another's viewpoint.
- We will honor confidentiality – what's shared here will stay here.

Mission Statement:

- To provide a safe place where people will find support and strength to help them on their journey of grief.

Tuesday Morning Bible Study in the Fall

The Tuesday Morning Bible Study group has been on break during the summer but will be meeting in person in the fall. Our first book for the 2022-2023 season will be *The Way of Grace* which is one of the Companions in Christ series. *The Way of Grace* gives a fresh approach to the Gospel of John. It invites us to travel with 8 Biblical characters (or groups of characters) who discover God's grace through their encounters with Jesus. The eight characters include: Andrew, Simon, Philip, and Nathaniel; Nicodemus; the Samaritan woman; the lame man; the woman caught in adultery; the blind man; Mary and Martha; and Simon Peter. The resource is more than a survey of the Biblical stories. It is a transforming interaction with the events and the characters. And it is an invitation for us to open our hearts to a deeper knowing of God's grace. This 9-week study begins on September 13. We will meet in the choir room from 9:30 AM to 11:30 AM. The cost of the book is \$8. A group order (for free shipping) will be placed on August 15.



Contact Myrna Kuehl by August 15 to sign up or if you have questions.

United Women in Faith (formerly United Methodist Women)



United
Women
in Faith

At the beginning of March, it was announced that United Methodist Women will be known as United Women in Faith. The following is quoted from the March/April 2022 issue of *Response magazine*:

“Our new name is part of a refreshment of our organization that includes a new look, new feel and new and improved programs

designed to better nurture current members and welcome new women into our sisterhood to put their love in action too. Adopting the name United Women in Faith and introducing new and improved programs acknowledges the great changes that have occurred in the lives of U.S. women over the past four decades and in the ways they’re engaging their faith. It acknowledges the changes you need to continue to grow in your faith and make the differences you want to make.

We remain the official women’s organization of the United Methodist Church. We remain the organization training women for leadership, growing spiritually, transforming through education, and providing opportunities for service and advocacy. We remain women in mission who follow God’s call for our time.

Like many other organizations, our local unit has been on hiatus for the past couple of years. It is time to regroup and determine how we go forward into the future. We have already committed to hosting the Big Waters District United Women in Faith Fall Gathering on September 17. Marylee Greeley and Myrna Kuehl are leading the planning for this event.

Here are ways you can get involved with United Women in Faith:

- ❖ Attend the planning meeting on July 31 at 11:00 AM. This is after our church service and will be held in the library.
- ❖ Volunteer to help with the Fall Gathering on September 17.
- ❖ Sign up to be on our email list. We are updating our current list and would appreciate hearing from you. Email Myrna Kuehl to be added to our list.

Please contact Myrna Kuehl if you have any suggestions or questions.

Matthew 25 at Coon Rapids UMC Metrics

June 12, 2022 Distribution

“Love others so radically that they wonder why.” ~unknown

Volunteers:

- Volunteer hours served: 542+
- Number of volunteers: 50
- Number of new volunteers: 6

Food provided: 10,890 pounds of food. This included items such as:

Free food:

- | | |
|---------------------|--|
| • Every Meal | 3 Pallets (4,950 pounds) of staples and snacks plus animal crackers, sunflower butter, dried fruit, and mandarin orange cups |
| • Bergin | Dried fruit, nuts, snack mixes, and candy |
| • Panera | Baked goods such as bread, bagels, scones, cookies, etc. |
| • Starbucks | Sandwiches and bakery items |
| • Hy-Vee | Bakery goods and coffee |
| • Jim the Donut Guy | Meat, deli items, buns, cookies, donuts, muffins, sweet rolls, cake |

Purchased food:

- | | |
|------------------|--|
| • Nick and Drews | Potatoes, bananas, oranges, pears, blackberries, yogurt, lettuce salads, peppers, onions, and lunch kits |
|------------------|--|

Families Served:

- 335 Families (255 cars & 1 biker, and 2 walkers) at Coon Rapids UMC
- 60 Families at subsidized Apartments (Dublin and Oxbowl) in Coon Rapids
- 30 Families from House of Christ Assembly
- 5 Daycare families
- 8 East Bethel families
- 12 Volunteers or neighbors/family/friends of volunteers

Other Notes:

- Weather: 74°F
- Hy-Vee donated paper and plastic bags, reading glasses, and sunglasses
- Cub donated paper and plastic grocery bags
- Panera was donated to Coon Rapids UMC coffee fellowship, Nick & Drew's staff, and Mississippi Elementary teachers and staff.
- Hy-Vee was given out to Coon Rapids UMC after worship on one Sunday
- Office Depot donated calendars
- Matthew 25 collected 2 bikes for Bikes4Kids

CONTACT CHURCH STAFF and LEADERS

Pastor Dianna Foltz: PastorDianna@coonrapidsumc.org

Tammy Gallagher: Tammy@CoonRapidsUMC.org (Office Administrator)

Jo Franta: (Music & Worship Coordinator)

Michael Merriman: Media@CoonRapidsUMC.org (Social Media Manager)

Lisa Schultze: Finance@CoonRapidsUMC.org (Treasurer)

Valerie Schack: ValerieSchack@CoonRapidsUMC.org (Day Care Director)

Tiffin Dunn-Holman, daycare@coonrapidsumc.org

Jerry & Joyce Bartlett (Custodians)

Church Volunteer Leaders:

Becky Rasmusson (Administrative Team Chair)

Dan Lehrer (Finance)

Don Anderson (Trustees) Trustees@CoonRapidsUMC.org

Marcia Ford (SPRC)

Dave Teske (Worship & Safety)

Mark Jones (Daycare Board Chair)

Nancy Mahowald (Lay Leader & Spiritual Formation)

Matthew 25 Volunteer Leaders:

Sue Lehrer suelehrerm25@CoonRapidsUMC.org

Wendy & Kent Dorholt wendydorholtm25@CoonRapidsUMC.org

Evelyn Nelson evelynnelsonm25@CoonRapidsUMC.org

Roxie and Ken Ryberg